

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal & Applesauce	Whole Grain French Toast & Fruit	Whole Grain Muffins & Bananas	Breakfast Tacos on Whole Grain Tortillas & Hash Browns	Biscuits & Sausage Gravy & Fruit

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Chex Mix & Apples ***Goldfish	Graham Crackers & Milk	Cherry Tomatoes & String Cheese	Yogurt & Strawberries	Whole Grain Wheat Thins & Cheese Sticks
1st Week Lunch	Italian Meatball Sub Salad Green Beans	Taco Salad Rice Corn	Fish Sticks Macaroni & Cheese Carrots Apples	Sloppy Joes Tater Tots Baked Beans	Chicken & Dumplings Green Beans Fruit
PM Snack	Crackers & Pepperoni	Peaches & Pretzels	Goldfish & Juice	Peanut Butter Crackers & Juice ***Ritz Crackers	Animal Crackers & Milk
AM Snack	Graham Crackers & Milk	Trail Mix w/ Raisins	Crackers & Cheese Slices	Celery & Peanut Butter ***Bananas & Cheerios	Frosted Mini Wheats & Oranges
2nd Week Lunch	Spaghetti w/ Meat Sauce Salad Green Beans	Chicken Quesadillas Spanish Rice Corn Pinto Beans	Hamburger's w/Trimmings Cheese Balls Apple Baked Beans	Chicken Nuggets Cheesy Potatoes Peaches	BBQ Subs Green Beans Potato Salad
PM Snack	Seasonal Fruit & Peanut Butter ***Yogurt	Animal Crackers & Milk	Chex Mix & Juice	Cheez-Its & Pickles	Oreos & Milk & Fruit
AM Snack	Ritz Crackers & Lunch Meat ***Turkey	Cereal Mix & Milk	Chips & Bean Dip	Pretzels & Yogurt	Whole Grain Cinnamon Toast & Milk
3rd Week Lunch	Chicken Alfredo Peas Salad	Loaded Nachos Salad Corn	Popcorn Chicken Mashed Potatoes w/gravy Green Beans Cooked Carrots	Hot Dogs Fritos Ranch Style Beans Carrot Sticks	Chicken Spaghetti Green Beans Black Eyed Peas
PM Snack	Animal Crackers & Milk	Pineapple & Cottage Cheese	Peanut Butter Crackers & Juice ***Ritz Crackers	Goldfish & Seasonal Fruit	Animal Crackers & Milk
AM Snack	Cheese Bread	Oranges & Cheese Sticks	Animal Crackers & Milk	Bananas & String Cheese	Whole Grain Crackers & Cheese
4th Week Lunch	Lasagna Salad Green Beans	Soft Tacos Rice Corn Peaches	Orange Chicken Fried Rice w/vegetables Broccoli Pineapple	Corn Dogs Tater Tots Ranch Style Beans	Pizza Salad Green Beans
PM Snack	Peanut Butter Crackers & Juice ***Ritz Crackers	Cheez-Its & Fresh Vegetables	Trail Mix & Raisins	Seasonal Fruit & Peanut Butter ***Yogurt	Snack Cakes & Milk & Fruit

- ***Substitute items served for children under 2 years of age.

- All breakfasts & lunches are served with milk & water.
- All snacks are served with water unless otherwise indicated.
- All meals are subject to change due to circumstances beyond our control.
- Breakfast is served daily from 6:45 to 7:35 AM. K-8 Students must be enrolled in extended care to eat breakfast at Step By Step. AM snack is only served to kindergarten & 1st grade.
- If your child needs a special diet, does not like what will be served, or needs to eat something different from the scheduled menu, please provide food accordingly. Please send written instructions as to your child's special dietary needs.
- All parent provided meals & snacks should be nutritious and healthful in order to meet the daily needs of growing children. Please avoid the following items: carbonated and/or caffeinated beverages (sodas, energy drinks, etc.), food that must be refrigerated or heated, candy, and "fast" food (takeout from McDonald's, etc.)